**What do we do?**

1. **Advocacy:** Confidential support to individuals who have experienced violence either directly or indirectly through a loved one or friend.

2. **Education:** Training and programs on sexual and dating violence, stalking, and more.

3. **Prevention:** The Green Dot bystander program is a campus-wide violence prevention effort.

**Confidential Advocacy—What is it?**

Creighton focuses on primary prevention for issues of sexual violence, meaning we want to stop violence before it happens.

Green Dot is our bystander intervention program, which encourages each member of the Creighton community to intervene in situations that have the potential for violence. This could include:

- Talking to a friend about their relationship because you see concerning behaviors
- Making sure your friend gets home safe from a party and isn’t left in a risky situation

Green Dot came up with three solutions known as ‘the 3 D’s’ which are direct, delegate and distract.

**Direct:** Directly going up to the individual, “Hey, what’s going on over here?” or “Are you alright?”

**Delegate:** Getting someone else involved who may be able to handle the situation. This could be as simple as telling an RA what you saw or heard, talking with a faculty member about your concerns, or e-mailing the VIP Center.

**Distract:** Anything you can do to direct the attention elsewhere. This includes changing the topic: “Hey I’m hungry, let’s go get some food, I’m buying,” or just start dancing.

**What Can I Do as a Bystander?**

VIPcenter@Creighton.edu
The VIP Center provides confidential information, resources, and support to Creighton students, faculty, and staff. If you or someone you know has been affected by sexual or dating violence, the VIP Center is here for you!

- Confidential support and help navigating options available
- Information and assistance reporting an incident to the university or to police
- Assistance after an incident of violence in regards to housing, coursework extensions, absences, safety planning, and more
- Information on counseling, medical services, and rights under Title IX
- Referrals for on- and off-campus resources and advocacy options

Don't Miss Our Spring Events & Trainings!

Bystander Trainings: Join the movement to be a leader on campus and look out for others! Find out what being a Green Dot bystander means at Creighton, learn to recognize cues of concerning behaviors, engage in small and large group discussion to reveal obstacles which might keep you from intervening and build and strengthen intervention skills through various scenarios, role plays, and interactive conversation with peers.

The Art of Adulthood: Relaxation Coloring
2nd and 4th Tuesday of the month. 5:30—7:00 p.m.
VIP Center. Begins February 9th.

The Hunting Ground: Screening and Moderated Discussion
February 11th 7:00 —9:00p.m. Harper Auditorium

Green Dot Bystander Training
Friday, February 26th. 12:00 —3:30p.m. Skutt 105
Free lunch and shirt!

For more information on events, visit calendar.creighton.edu

JOIN THE SOCIAL MOVEMENT!

/Creighton VIP Center
/Creighton Green Dot
@cuVIPcenter
@cuGreenDot

Because of the VIP Center...

“I was able to feel comfortable standing up for myself and did not have to go through the process alone.”

“I was able to take control of what happened to me, so that I may find safety and peace.”

Survivors Speak Out!

CONTACT US!

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